



Government of India
Ministry of Communications
Department of Posts
(Welfare & Sports Section)

Dak Bhawan, Sansad Marg,
New Delhi-110001
Dated: 22 .01.2020

No. 6-16/2019-WL&Sports

To

All Heads of Postal Circles.

Sub: 34th All India Postal Athletics & Cycling Tournament 2019-20- Circulation of final result - regarding.

Sir/Madam,

I am directed to invite your attention towards the decision taken in the 21st Postal Sports Board Meeting regarding circulation of Departmental records of various sports events.

- The 34th All India Postal Athletics & Cycling Tournament was conducted at Chamundi Vihar Stadium, Mysuru from 14th to 16th November 2019
- The chief Guest for the opening ceremony was His Highness Shri. Y K C Wadiyar, 27th Maharaja of Mysuru Inaugural function started at 0900 Hrs on 14.11.2019.
- The Chief Guest for Valedictory Ceremony was Shri P K Bisoi, Hon'ble Secretary, Department of Posts, New Delhi and Guest of Honor was Shri Shankar Rao, International Athlete. They both distributed Trophies to the winning teams in Athletics as well as in Cycling and Best individual Athletes & declared the AIPACT Closed. The AIPACT was concluded at 1730 Hrs on 16th November 2019. Both the Opening Ceremony and Closing Ceremony were presided over by Shri Dr. Charles Lobo, Chief PMG, Karnataka Circle.
- In the 34th All India Postal Athletics & Cycling Tournament-2019 held at Mysuru, 14 Circles and 201 Athletes including Cyclists have Participated . The following Circles have Participated: -

Andra Pradesh	Assam	Gujarat	Haryana	Kerala
Karnataka	Maharashtra	Odisha	Punjab	Tamil Nadu
Telangana	West Bengal	Rajasthan	Uttar Pradesh	
- The Cycling Championship was held on 15.11.2019 at Mysuru University Campus, Mysuru. Shri Satish, Mysuru District Cycling Association was the Director of the Competition. There were five events held in Cycling Championship. The final results of the same are as under: -

Event No.1: 1KM Time Trail Men's Final

Sl.No	Name	Circle	Finish Time	Position
1.	V Murugan	Tamil Nadu	2 Min 48 Sec	I
2.	Jagsir Singh	Punjab	2 Min 50 Sec	II
3.	S Baskar	Tamil Nadu	2 Min 51 Sec	III

Event No.2: 3 Lap Time Trail Men's Final

Sl.No	Name	Circle	Finish Time	Position
1.	V Murugan	Tamil Nadu	8 Min 36 Sec	I
2.	Jagsir Singh	Punjab	8 Min 37 Sec	II
3.	Subin B	Kerala	8 Min 42 Sec	III

Event No.3: 3 Lap Team Trail Men's Final

Sl.No	Name	Circle	Finish Time	Position
1.	Vinod B karad M B Sayed R M Shejwal, Bhushan Mahadik	Maharashtra	10:00:44	I
2.	Ramesh Chandra Rishi Pal Singh Om Prakash Saini Virendra Kumar	Uttar Pradesh	10: 45:29	II
3.	B Thatha Rao A Srinivasa Reddy K Pradeep Reddy A Ramachandra Rao	Andra Pradesh	12:43:81	III

Event No.4: 2 Lap Team Trail Men's Final

Sl.No	Name	Circle	Finish Time	Position
1.	V Murugan T Tamilvanan N parajothi S Baskar	Tamil Nadu	5 Min 28 Sec	I
2.	Jagsir Singh Sandeep Kumar Harjit Singh Jagjit Singh	Punjan	5 Min 52 Sec	II
3.	Jayaprakash P Manikatan S	Kerala	5 Min 57 Sec	III

	Vivek A G Subin B			
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Event No.5: Group Race Men's Final

Sl.No	Name	Circle	Finish Time	Position
1.	Subin B	Kerala	11:08:19	I
2.	Jagsir Singh	Punjab	11:08:94	II
3.	V Murugan	Tamil Nadu	11:24:60	III

The following events were held during 14th to 16th November 2019 in Athletics Championship for Women & Men. Shri Raj Velu, Hon. Secretary Karnataka Athletic Association was the Director of Competition.

Women

1. 100 Mtrs
2. 100 Mtr Hurdles
3. 200 Mtrs
4. 400 Mtrs
5. 400 Mtr Hurdles
6. 4 X 100 M Relay
7. 4 X 400 M Relay
8. 800 Mtrs
9. 1500 Mtrs
10. 3000 Mtrs
11. 5000 Mtrs
12. 10000 Mtrs
13. 20 Km walk
14. Triple Jump
15. Long Jump
16. High Jump
17. Shot Put
18. Hammer Throw
19. Discuss Throw
20. Javelin Throw
21. Pole Vault
22. Decathlon

Men

- 100 Mtrs
- 100 Mtrs Hurdles
- 200 Mtrs
- 400 Mtrs
- 400 Mtrs Hurdles
- 4 X 100 M Relay
- 4 X 400 M Relay
- 800 Mtrs
- 1500 Mtrs
- Long Jump
- High Jump
- Shot Put
- Discuss Throw
- Triple Jump
- Long Jump

The final results of the **Women Athletics** Championship are as under: -

100 Mtrs (Women)

Sl.No	Name of the Athlete	Circle	Performance	Position
1.	Shipu Mondal	West Bengal	12.9 Sec	I
2.	Disha Patel	Gujarat	13.1 Sec	II
3.	Renubala Mahanta	Odisha	13.4 Sec	III

100 Mtrs (HURDLES)

Sl.No	Name of the Athlete	Circle	Performance	Position
1.	Pinki Rani	Haryana	18.06 Sec	I
2.	Asha F Chaudhary	Gujarat	21.4 Sec	II
3.	Vijeta Bodkar	Gujarat	24.4 Sec	III

200 Mtrs (Women)

Sl.No	Name of the Athlete	Circle	Performance	Position
1.	Shipu Mondal	West Bengal	29.1 Sec	I
2.	Sneha Jain	Rajasthan	30.6 Sec	II
3.	P L Chaure	Maharashtra	32.8 Sec	III

400 Mtrs (Women)

Sl.No	Name of the Athlete	Circle	Performance	Position
1.	Ritu Dinkar	Uttar Pradesh	1Min:06.07 Sec	I
2.	Shipu Mondal	West Bengal	1Min:08.06 Sec	II
3.	Asha F Chaudhary	Gujarat	1Min:11.07 Sec	III

400 Mtrs (HURDLES)

Sl.No	Name of the Athlete	Circle	Performance	Position
1.	Shraddha R Desai	Karnataka	1Min:22.09 Sec	I
2.	Namitha G K	Karnataka	1Min:36.09 Sec	II
3.	Vijaitha Borkar	Gujarat	1Min:41.09 Sec	III

800 Mtrs (Women)

Sl.No	Name of the Athlete	Circle	Performance	Position
1.	Ritu Dinkar	Uttar Pradesh	2Min:41.09 Sec	I
2.	Shraddha R Desai	Karnataka	3Min:1.06 Sec	II
3.	H M baria	Gujarat	3Min:5.02 Sec	III

1500 Mtrs (Women)

Sl.No	Name of the Athlete	Circle	Performance	Position
1.	Ritu Dinkar	Uttar Pradesh	5Min:26.08 Sec	I
2.	Shraddha R Desai	Karnataka	6Min:23.06 Sec	II