

Government of India
Ministry of Communications & IT
Department of Posts,
New Delhi-110001.

No. 6-16/2015-WL/Sports

Dated: 13-07-2016

To

All Heads of Postal Circles.

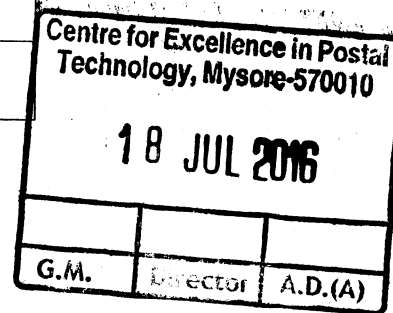
Sub: 30th All India Postal Athletics & Cycling Tournament (2015-2016) – Circulation of final result – regarding.

Sir/Madam,

I am directed to invite your attention towards the decision taken in the 21st Postal Sports Board Meeting regarding circulation of Departmental records in various sports events.

2. The 30th All India Postal Athletics & Cycling Tournament 2015-16 was organized at Jawaharlal Nehru Stadium (outdoor), Periamet, Chennai, Tamil Nadu Circle from 03.02.2016 to 05.02.2016.
3. Dr. Charles Lobo, CPMG, Tamil Nadu Circle inaugurated the function and Shri Mahesh Agarwal, Inspector General of Police, (CB CID) was the chief Guest has distributed the Medals/Prizes and rolling shields to the winners.
4. Total 14 teams from 13 Circles and Army Postal Services participated in the meet as under:

Andhra Pradesh Circle	Maharashtra Circle
Assam Circle	Odisha Circle
Gujarat Circle	Rajasthan Circle
Haryana Circle	Tamil Nadu Circle
Jharkhand Circle	Uttar Pradesh Circle
Karnataka Circle	West Bengal Circle
Kerala Circle	Army Postal Service



5. The final results for Athletics are as under:-

(MEN)

100 Mtr.

First	V Sanjay	Karnataka Circle	10.7 Sec
Second	N P Sajid	Kerala Circle	11.0 Sec
Third	M Alameen	Tamil Nadu Circle	11.3 Sec

110 Mtr. Hurdles

First	Dharmendra Mohanta	Odisha Circle	15.4 Sec
Second	T Thesingh	Tamil Nadu Circle	16:6 Sec
Third	P Ashpin Raja	Tamil Nadu Circle	17.3 Sec

200 Mtr. (Run)

First	V Sanjay	Karnataka Circle	22.2 Sec
Second	K S Jeevan	Karnataka Circle	22.3 Sec
Third	M Ratheesh	Kerala Circle	22.5 Sec

400 Mtr. (Run)

First	K S Jeevan	Karnataka Circle	48.4 Sec
Second	S Mervin	Tamil Nadu Circle	50.2 Sec
Third	M Ratheesh	Kerala Circle	50.3 Sec

400 Mtr. (Hurdles)

First	S. Mervin	Tamil Nadu Circle	55.0 Sec
Second	Dharmendra Mohanta	Odisha Circle	56.5 Sec
Third	K.S. Jeevan	Karnataka Circle	56.8 Sec

800 Mtr. (Run)

First	B. Mohan	Andhra Pradesh Circle	2:03.1 Sec
Second	K.Ramesh	Andhra Pradesh Circle	2:03.2 Sec
Third	Vivek Kumar	Rajasthan Circle	2:04.4 Sec

1500 Mtr. Run

First	K Ramesh	Andhra Pradesh Circle	4:23.7 Sec
Second	Vivek Kumar	Rajasthan Circle	4:25.0 Sec
Third	B Mohan	Andhra Pradesh Circle	4:28.4 Sec

3000 Mtr. (Run)

First	K Ramesh	Andhra Pradesh Circle	10:23.9 Sec
Second	Vivek Kumar	Rajasthan Circle	10:41.8 Sec
Third	P Loganathan	Tamil Nadu Circle	10:50.3 Sec

5000 Mtr. (Run)

First	K Ramesh	Andhra Pradesh Circle	16:20:3 Sec
Second	Vivek Kumar	Rajasthan Circle	16:31:6 Sec
Third	Umesh Kuvar	Gujarat Circle	16:33:7 Sec

10000 Mtr. Run

First	K Ramesh	Andhra Pradesh Circle	36:50.8 Sec
Second	Vivek Kumar	Rajasthan Circle	36:51.6 Sec
Third	Umesh Kumar	Gujarat Circle	36:52.6 Sec

20000 Mtr. Walk

First	S C Baide	Gujarat Circle	2:16:38 Sec
Second	Rakesh Swarnkar	Army Postal Service	2:19:39 Sec
Third	Dharam Singh	Uttar Pradesh Circle	2:22:25 Sec

Decathlon

First	A Mathavan	Tamil Nadu Circle	4419 Points
Second	S Gunasekaran	Tamil Nadu Circle	4404 Points
Third	Anuj Kumar	Gujarat Circle	3583 Points

Pole Vault

First	K John Paul	Andhra Pradesh Circle	3.25 mtrs.
Second	R Manickaraj	Tamil Nadu Circle	3.05 mtrs.
Third	T Thesingh	Tamil Nadu Circle	2.75 mtrs.

Long Jump

First	Kalpesh Chaudhary	Gujarat Circle	6.83 mtrs.
Second	S. Gunasekaran	Tamil Nadu Circle	6.48 mtrs.
Third	S. Pandiyan	Tamil Nadu Circle	6.34 mtrs.

Triple Jump

First	Kalesh Chaudhary	Gujarat Circle	13.30 mtrs.
Second	A Mathavan	Tamil Nadu Circle	13.05 mtrs.
Third	R S Rathva	Gujarat Circle	13.00 mtrs.

High Jump

First	Laxman Chavda	Gujarat Circle	1.80 mtrs.
Second	T Saravanan	Tamil Nadu Circle	1.70 mtrs.
Third	R Chelladurai Pandy	Tamil Nadu Circle	1.70 mtrs.

Shotput

First	K Mahi Mohan	Tamil Nadu Circle	13.96 mtrs.
Second	R Ramadass	Tamil Nadu Circle	13.80 mtrs.
Third	Arun Tiwari	Uttar Pradesh Circle	12.74 mtrs.

Discus Throw

First	R Ramadass	Tamil Nadu Circle	37.08 mtrs.
Second	Ramesh Kumar	Rajasthan Circle	34.78 mtrs.
Third	Mahi Mohan	Kerala Circle	33.53 mtrs.

Javelin Throw

First	D. Vishwakarma	Gujarat Circle	60.02 mtrs.
Second	C Arivoli	Tamil Nadu Circle	54.42 mtrs.
Third	Gopiram Bhatia	Rajasthan Circle	52.65 mtrs.

Hammer Throw

First	Malay Ranjan Pati	Odisha Circle	43.75 mtrs.
Second	Vikas Gill	Haryana Circle	39.04 mtrs.
Third	Rajan Sanchaniya	Gujarat Circle	35.49 mtrs.

4x100 Mtr. Relay

First	Kerala	43.8 Sec
Second	Tamil Nadu	44.0 Sec
Third	Karnataka	44.8 Sec

4x400 Mtr. Relay

First	Kerala	3.32.9 Sec
Second	Tamil Nadu	3.35.6 Sec
Third	Karnataka	3.44.4 Sec

(WOMEN)

100 Mtr.

First	Hina	Rajasthan Circle	12.5 Sec
Second	Renubala Mohanta	Odisha Circle	13.2 Sec
Third	Pavitra	Karnataka Circle	13.5 Sec

100 Mtr. Hurdles

First	Pavitra	Karnataka Circle	17.5 Sec
Second	Rupashree Pothal	Odisha Circle	18.3 Sec
Third	Hina	Rajasthan Circle	19.6 Sec

200 Mtr. (Run)

First	Hina	Rajasthan Circle	26.0 Sec
Second	Renubala Mohanta	Odisha Circle	27.3 Sec
Third	Pavitra	Karnataka Circle	28.4 Sec

400 Mtr. (Run)

First	Pavitra	Karnataka Circle	1:05.01 Sec
Second	Shraddha Rani	Karnataka Circle	1:05.9 Sec
Third	Aswathi Mohan	Kerala Circle	1:06:2 Sec

400 Mtr. (Hurdles)

First	Pavitra	Karnataka Circle	1:11.7 Sec
Second	Shraddha Rani	Karnataka Circle	1:16.0 Sec
Third	Hina	Rajasthan Circle	1:16.7 Sec

800 Mtr. (Run)

First	Shraddha Rani	Karnataka Circle	2:37.5 Sec
Second	Hansa Baria	Gujarat Circle	2:39.4 Sec
Third	M.Pallavi	Andhra Pradesh Circle	2:46.2 Sec

1500 Mtr. Run

First	Shraddha Rani	Karnataka Circle	5:17.0 Sec
Second	Hansa Baria	Gujarat Circle	5:17.4 Sec
Third	B Vanitha	Andhra Pradesh Circle	6:21.7 Sec

Long Jump

First	Renubala Mohanta	Odisha Circle	5.43 mtrs.
Second	Manju Kumari	Rajasthan Circle	4.73 mtrs.
Third	Pavitra	Karnataka Circle	4.67 mtrs.

High Jump

First	Rupashree Pothal	Odisha Circle	1.30 mtrs.
Second	Pavitra	Karnataka Circle	1.25 mtrs.
Third	Mumtaj Khatun	West Bengal Circle	1.20 mtrs.

Shotput

First	Saranya	Kerala Circle	11.35 mtrs.
Second	Biji Mohan	Kerala Circle	10.39 mtrs.
Third	Tilu Gogoi	Assam Circle	10.21 mtrs.

Discuss Throw

First	Hema Priya	Tamil Nadu Circle	38.10 mtrs.
Second	Tilu Gogoi	Assam Circle	25.65 mtrs.
Third	S.A. Vohra	Gujarat Circle	24.69 mtrs.

Javelin Throw

First	Biji Mohan	Kerala Circle	36.30 mtrs.
Second	S.A. Vohra	Gujarat Circle	36.24 mtrs.
Third	R Jothimani	Tamil Nadu Circle	32.05 mtrs.

4x100 Mtr. Relay

First	Karnataka	57.4 Sec
Second	Rajasthan	57.5 Sec
Third	Gujarat	57.7 Sec

4x400 Mtr. Relay

First	Karnataka	4:47:2 Sec
Second	Rajasthan	5:00.3 Sec
Third	Gujarat	5:09.1 Sec

Best Athlete

Men	S. Mervin	Tamil Nadu Circle
Women	Hina	Rajasthan Circle

Team Championship

Men	Tamil Nadu	141
	Gujarat	77
	Andhra Pradesh	56
Women	Karnataka	80
	Rajasthan	47
	Gujarat	38
	Kerala	38

6. The results in cycling event are as under:-

1000 Mtr. Individual Time Trial

First	B Subbin	Kerala Circle	1:24.766 Sec
Second	V Murugan	Tamil Nadu Circle	1:25.947 Sec
Third	S Baskar	Tamil Nadu Circle	1:26.954 Sec

4000 Mtr. Team Pursuit

First	B Subbin	Kerala Circle	5:34:572 Sec
Second	V Murugan	Tamil Nadu Circle	6:00:152 Sec
Third	A G Vivek	Kerala Circle	6:05:531 Sec

4000 Mtr. Mass Start

First	T Tamilvanan	Tamil Nadu Circle	5:59:330 Sec
Second	A G Vivek	Kerala Circle	6:05:007 Sec
Third	N Paranjothi	Tamil Nadu Circle	6:11:330 Sec

1600 Mtr. Team Time Trial

First	Tamil Nadu	2:26.059 Sec
Second	Kerala	2:35:857 Sec
Third	Uttar Pradesh	3:52:829 Sec

4000 Mtr. Team Pursuit

First	Tamil Nadu Circle	6:03:617 Sec
Second	Kerala Circle	6:10:699 Sec
Third	Uttar Pradesh Circle	7:13:536 Sec

Yours faithfully,

Daisy Barla

(Daisy Barla)

Director (Welfare & Sports)
& Honorary Secretary to the
Postal Sports Control Board,
Department of Posts.

Copy to:

- (i). Army Postal Service, 1 CBPO, New Delhi.
- (ii). Business Development Directorate
- (iii). Postal Life Insurance Directorate.
- (iv). Rafi Ahmed Kidwai National Postal Academy.
- (v). All Postal Training Centers
(Saharanpur/Vadodara/Mysore/Madurai/Darbhanga/Guwahati).
- (vi). Secretary, Postal Services Board.
- (vii). The General Manager, CEPT, Mysore with the request for uploading on the Website of India Post under caption Employee Corner and sub heading Awards and Championships.