

No. 22-01/2022-WL&Sports

Government of India
Ministry of Communication
Department of Posts
(Welfare & Sports Section)

Dak Bhawan Sansad Marg

New Delhi -110001

Dated: 09.09.2024

To

All Heads of Postal Circles

Subject: GUIDELINES RELATING TO ALL INDIA POSTAL TABLE TENNIS TOURNAMENT- regarding.

The following rules/instructions shall govern the conduct of All India Postal Table Tennis Tournament in Department of Posts. -

The Circles shall conduct the under mentioned events at Circle level by having either selection trials or by tournament for selection trials or by tournament for selecting the 6 men, (5 general+1 veteran) and **5 women players (5 women players are selected in a team as per norms of TTFI and ITTF)** to represent the Circle in the above All India Postal Competitions for the following events:-

1. **TEAM EVENTS** :

Shall be conducted in League cum Knockout Basis

- i. Men Team Events.
- ii. Women Team Events.

2. **INDIVIDUAL EVENTS**:

Shall be conducted in League-cum -Knockout Basis or Knock Out Basis, depending on number of participants and number of tables available.

- i. Men singles & Women Singles
- ii. Men Doubles and Women Doubles
- iii. Mixed Doubles
- iv. Veteran Singles (MEN)

The players of the age of 45 years or above are allowed to play veteran event as follows:-

- I. Veteran Single(age 45 years and above)
- II. Open singles.
- III. Men's Doubles.

It is mandatory to have completed 45 years to play Veteran. The players participating as veteran players will not be allowed to play Men's Team and mixed doubles. Players participating in veteran events should bring any Government ID/document as age proof.

3. ELIGIBILITY

As defined by Postal Sports Board for participation in All India Postal Tournaments. The decision of the Chairman, All India Postal Sports Board shall be final on all other matters including eligibility etc.

4. CONDUCT OF TOURNAMENT

The competitions at all levels shall be strictly in accordance with the rules and regulations of the International Table Tennis Federation / Table Tennis Federations of India. The following important rules and regulations have to be strictly adhered to:-

TABLE TENNIS RACKETS: Strictly in accordance with ITTF/TTFI regulations at all levels.

UNIFORMS: Strictly in accordance with ITTF Regulations at all levels. In the opening ceremony, all the teams are required to be in the same tracksuit. In the team championship, each team will be required to play in the same kit during the match. Similarly in doubles and mixed doubles also, it will be mandatory for every pair to wear the same kit.

5. DRAWS FOR THE ALL INDIA MEET: -

- i. The draws will be finalized by the Referee, Deputy Referee, Postal Directorate's Observer and Technical Delegates in accordance to the rules and regulations of ITTF and TTFI.
- ii. Team championship's draws shall be held in manager's meet.
- iii. Individual Championship's draws shall be prepared at venue on the basis of last year's performance/Seeding. (*New Recruit players may be considered for placing in other half of 1st and 2nd seeded player*).

- iv. Draw and Schedule shall be properly displayed on the notice board and circulated to all managers/teams concerned.

6. TEAM EVENTS

MEN'S TEAM EVENT

The regulations for the competitions for Men's team event will be the best of five(5) Singles. The team that wins 3 matches first shall be declared winner. The Men's team events will be conducted as per league-cum-knockout basis. All individual matches in the team events will be determined by the best of 5 Games of 11 points each. Winner will be decided on the best of five matches . Order of play shall be follows:-

- i. 'A' VS 'X'
- ii. 'B' VS 'Y'
- iii. 'C' VS 'Z'
- iv. 'A' VS 'Y'
- v. 'B' VS 'X'

SINGLE MATCHES

WOMEN'S TEAM EVENT

The regulations for the competitions for Women's team event will be the Best of 5 Matches (Four Singles and one doubles. The team that wins Three (3) matches shall be declared winner. The Women's team events will be conducted as per league-cum-knockout basis. All individual matches in the team events will be determined by the best of 5 Games of 11 points each. Winner will be decided on best of five matches order of play shall be follows:-

- i. 'A' VS 'X' SINGLES
- ii. 'B' VS 'Y' SINGLES
- iii. DOUBLES
- iv. 'A' VS 'Y' REVERSE SINGLES
- v. 'B' VS 'X' REVERSE SINGLES

Stage I - All the teams shall be drawn into Groups as per last All India Table Tennis Tournament Position & play one another in a Round Robin League System to determine the position in each group.

Stage II – In the second stage, the No.1 & No.2 Team of each Groups shall play by progressive knock out system, to determine the final positions.

7. MEN SINGLES AND WOMEN SINGLES

Up to Pre Quarter Final the matches will be played on the basis of best of 5 (five) games of 11 points each. From Pre Quarter Final onwards the matches will be played

on the basis of best of 7 (seven) games of 11 points each. Position Matches 3rd& 4th and 5 to 8 will be played best of 5 (Five) Games.

8. VETERAN SINGLES (MEN) MEN DOUBLES/WOMEN DOUBLES/MIXED DOUBLES

All the matches will be played on the basis of best of 5 (Five) games of 11 points each.

9. ENTRIES (INDIVIDUAL EVENTS KNOCK OUT SYSTEM)

- | | |
|--------------------------|--|
| i) MEN SINGLES | 6 Entries per circle
(5 General & 1 veteran Singles (Men)). |
| ii) WOMEN SINGLES | 5 Entries per circle. |
| iii) MEN DOUBLES | 2 Entries per circle. |
| iv) WOMEN DOUBLES | 2 Entry per circle. |
| v) MIXED DOUBLES | 5 Entries per circle. |

10. RULES

A. GAMES

According to the new rules each game will be of 11 (Eleven) points each. A game shall be won by player or pair first scoring 11 points unless both players or pairs score 10 points when the game shall be won by the first player or pair subsequently gaining a lead of 2 points.

B. THE ORDER OF SERVING, RECEIVING AND ENDS.

- i) After each 2 points have been scored the receiving player or pair shall become the serving player or pair and so on until the end of the game, unless both players or pairs score 10 points, when the game shall be won by the first player or pair subsequently gaining a lead of 2 points.
- ii) The player or pair serving first in a game shall receive first in the next game of the match, and in the last possible game of a doubles match the pair due to receive next shall change their order of receiving when first one pair scores 5 points.
- iii) The player or pair starting at one ending a game shall start at the other end in the next game of the match and in the last possible game of a match the players or pairs shall change ends when first one player or pair scores 5 points.

C. THE EXPEDITE SYSTEM

i) Except where both players or pairs have scored at least 9 points, the expedite system shall come into operation if a game is unfinished after 10 minutes play or at any earlier time at the request of both players of pairs.

ii) If the expedite system is introduced, or if a game last longer than 10 minutes, all subsequent games of the match shall be played under the expedite system.

D. INTERVALS

Play shall be continuous throughout a match except that any player is entitled to an interval of up to 1 minute between successive games of a match. Brief intervals for toweling after every 6 points from the start of each game and at the change of ends in the last possible game of a match may be provided.

E. TABLE TENNIS BALL

The ITTF Approved ABS Plastic Ball of 40+ mm may be used.

11. **ON DUTY/ SPECIAL CASUAL LEAVE** : Ongoing practices and directions issued from Postal Directorate, if any shall be followed

12. PLAYING FACILITIES : -

- i. The hall should be big enough to accommodate minimum of 6 tables.
- ii. Each table has proper surrounding arena as per ITTF and TTFI norms.
- iii. Flooring must be wooden or Flooring mat in good condition.
- iv. Lighting intensity must be minimum 800 lux uniformly spread over the playing area.
- v. Sitting arrangements must be sufficient for players and spectators.
- vi. VIP dais and Chief referee dais.
- vii. Changing room and washroom for players and separate for Ladies and Gents.

13. The host Circle will provide accommodation as per existing practices.

14. Travelling Allowance, Daily Food Allowance, Kit Allowance, Track Suit allowance etc. to be granted as per guidelines circulated time to time by the Directorate.

15. As the said tournament is a prestigious tournament for departmental players, family members are not allowed with the circle team. This will enable the organizing committee of respective circle to manage the tournament in a very proper and disciplined way.

16. TEAM LEADERS

(i) Every Contingent should be accompanied by a Manager and a Coach. The President of the Circle Sports Boards may select at his own discretion suitable officials connected with the event.

(ii) Only those officials who are qualified coach in the particular discipline give them first preference, if qualified coach is not available the Senior Player or experienced Player should be nominated as a coach by President of Circle .

(iii) As regards Manager, the officials selected should have the knowledge of the game for which he is being nominated. It is not necessary that the Sports Inspector, Welfare Officer or player be appointed as Manager without any sports background in the particular discipline. The President Circle Sports Board must ensure that the Manager be knowledgeable about the game and should have the organizing capacity. Manager and Coach will be entitled for Duty on tour.

17. CERTIFICATE AND TROPHIES: The winners and runners up in all the events at All India Tournament will be awarded Certificates of merit and cups/trophies/medals. In team games coach is also eligible for merit certificate/medals/trophies. Participation certificate will be given to all Players, Coaches and Managers:-

18. POSTAL GOLD MEDAL

The Triple Crown winners (both amongst men as well as women) in All India Postal Tournaments will be awarded a trophy/memento worth **Rs. 5000/- each**. The winner of Triple Crown for this purpose means the winner of Men/Women singles, Men/Women doubles and mixed doubles.

19. INTIMATION OF RESULTS AND REPORT THEREOF:-

The Secretary of the Host Circle Sports Board should arrange to send brief write-up of the All India Postal Tournament, activities and final results in accordance with instructions laid down in Letter No. 6-02/2013-W1&Sports dated 08th October 2013, to

the Secretary, Postal Sports Board, Department of Posts, Dak Bhawan, Parliament Street, New Delhi- 110001.

20. This has approval of competent authority.



(Arkit Panwar)

Section Officer (Welfare & Sports)

Copy to:

- i. O/o Secretary (Posts), Dak Bhawan
- ii. O/o Director General (Posts), Dak Bhawan.
- iii. Secretary (PSB), Dak Bhawan.
- iv. Army Postal Service, 1 CBPO, New Delhi.
- v. CGM, Business Development Directorate
- vi. CGM, Postal Life Insurance Directorate.
- vii. Rafi Ahmed Kidwai National Postal Academy.
- viii. All Postal Training Centers
(Saharanpur/Vadodara/Mysore/Madurai/Darbhanga/Guwahati)
- ix. The General Manager, CEPT, Mysore with the request for uploading on the Website of India Post under caption Employee Corner and sub heading Circulars, Rules and Latest Orders.