To,

The Chief Postmaster General,
Bihar Circle, Patna/ Jharkhand Circle, Ranchi/ Odisha Circle, Bhubaneswar/West Bengal Circle, Kolkata

No H-4/Trg./Trg. Calendar/Plan/2018-19 Dated at PTC Darbhanga the 03.03.2020

Sub: **In service Training Programme at PTC Darbhanga, Bihar**

PTC, Darbhanga will be conducting 3 batches of In-service Training for Postal Assistant, each batch for a period of 2 weeks starting from 16.03.2020. It is requested to cause full utilization of allotted seats and depute the officials as per the eligibility criteria. Any variation in the seat allotment may kindly be intimated in advance by phone/ email for taking necessary action at this end.

The details of seat allotted to the Circles are as below:

1. **Course Name : SDP (Supervisor Development Programme) for PA**

<table>
<thead>
<tr>
<th>Sl. No.</th>
<th>Period</th>
<th>Bihar</th>
<th>Jharkhand</th>
<th>Odisha</th>
<th>WB</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>16.03.2020 to 28.03.2020</td>
<td>08</td>
<td>06</td>
<td>08</td>
<td>08</td>
<td>30</td>
</tr>
</tbody>
</table>

Eligibility Criteria: PAs who have completed more than 15 years in PA Cadre in the department and not undergone SDP Training previously.

2. **Course Name : SSDP (Sr. Supervisor Development Programme) for PA**

<table>
<thead>
<tr>
<th>Sl. No.</th>
<th>Period</th>
<th>Bihar</th>
<th>Jharkhand</th>
<th>Odisha</th>
<th>WB</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>30.03.2020 to 09.04.2020</td>
<td>08</td>
<td>06</td>
<td>08</td>
<td>08</td>
<td>30</td>
</tr>
</tbody>
</table>

Eligibility Criteria: PAs who have completed more than 24 years in PA Cadre in the department and not undergone SSDP Training previously.

3. **Course Name : ADP (Assistant Development Programme) for PA**

<table>
<thead>
<tr>
<th>Sl. No.</th>
<th>Period</th>
<th>Bihar</th>
<th>Jharkhand</th>
<th>Odisha</th>
<th>WB</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>13.04.2020 to 25.04.2020</td>
<td>08</td>
<td>06</td>
<td>08</td>
<td>08</td>
<td>30</td>
</tr>
</tbody>
</table>

Eligibility Criteria: PAs who have completed more than 7 years in PA Cadre in the department and not undergone ADP Training previously.

It is requested kindly to confirm the details of trainees deputed in the below mentioned proforma latest by 12.03.2020 in the Excel Format. Soft copy may be sent to email id: dpctrdARB@indiapost.gov.in.

<table>
<thead>
<tr>
<th>Name of the Trainee</th>
<th>Designation</th>
<th>Office at which working</th>
<th>Gender</th>
<th>Name of the Division</th>
<th>Region/Circle</th>
</tr>
</thead>
</table>

The annexure containing fee payment, instructions to trainees and general information about Postal Training Centre, Darbhanga is enclosed herewith which may be given to all the trainees deputed for training along with training order.

Enclosure: As above

Dy. Director
Postal Training Centre
Darbhanga-846005
Copy for information to:-
1. The DDG (Training) Dak Bhawan, New Delhi for information.
2. The Director, RAKNPA, Ghazipur for information.
3. All Directors, Postal Training Centre
4. The Director CEPT Mysore Kindly upload the calendar on India Post Website.
5. AD (Admin.), AD (Training-1&2), Sr. Instructor & All Instructors PTC Darbhanga
   for information.
6. Notice Board, PTC Darbhanga
7. PA to Director, PTC Darbhanga for information.
8. Care Taker, PTC Darbhanga for information and necessary action.
9. Office Copy

Dy. Director
Postal Training Centre
Darbhanga-846005
Annexure-I
Postal Training Centre (PTC) Darbhanga

We have great pleasure in welcoming trainees to PTC Darbhanga for In service courses. We have made all out efforts to make their stay comfortable here. At the same time, we have set out certain conditions to be observed while residing in the centre. We hope that they will strictly follow the instructions and enjoy their stay here.

General Information about PTC, Darbhanga

- How to reach: Postal Training Centre, Darbhanga is situated at Bela Palace in Sundarpur, Darbhanga, 2.5 km from Darbhanga Railway Junction [Station code DBG], 3 Kms from Darbhanga Bus Stand, Delhi More & 4.5 km from Samastipur Railway Junction [Station code SPJ].
- Accommodation: Postal Training Centre, Darbhanga has its hostel in the campus, where participants will be accommodated. There will be sharing of accommodation. Separate block are available for men and women trainees. Accommodation for the families of the participants is not available. Family members will not be allowed to stay in PTC Campus.
- Mess Facility: Mess facility is provided in PTC mess.
- Physical Training: Physical training activities are made compulsory for trainees. It is through Physical Training Instructor (PTI). Facilities for playing outdoor games and indoor games are available.

General Instructions:

- All courses are residential ones. Therefore, all trainees will have to stay compulsorily in the PTC hostels.
- Following officials should not be deputed for training in pursuance of Directorate memo No 4-3/2009-Trg. Dtd 11.11.2013:
  - (i) Lady candidates who are in the family way and at advance stage of pregnancy (5 months & above), should not be deputed for training
  - (ii) Lady candidates having very young babies should not be deputed for training
  - (iii) Any official who is not in a fit condition or suffering from any serious disease, should not be deputed for training
  - (iv) Any Official suffering from chronic illness who are above 55 years of age, should not be deputed for training
- Family member will not be allowed to stay in PTC campus on the day of reporting.
- Trainees will be debarred from training and sent back if any act of indiscipline is proved against him/her.
- Trainees will not be allowed to leave the campus except permitted hours.
- No leave will be granted during training period in normal course.

Important Instruction for trainees

1. The trainees should attend PTC Auditorium at 10:00 AM for registration work without fail on one day before of training.
2. The candidates are required to bring following items compulsorily with them.
   - Recent Passport/Stamp size coloured Photographs-02
3. Male candidate should bring black pant, white T-shirt, white socks and White canvas shoes for the purpose of PT/Yoga, formal shirt and formal trousers with a belt and formal leather shoes for training classes.
4. Female candidate should bring white salwar, white kameez, white duppatta, white socks and white Canvas shoes for the purpose of PT/Yoga. Sarees/Salwaar-Kameez for training classes.
5. One lock and keys.
6. Copy of training order. (One set Original and one set Photocopy)
7. e-payment receipt. [Original]
8. Aadhar Card or Departmental ID card.
Payment of Mess Fee through e-payment

- Payment of Mess fee through e-payment only (MPCM Counter)
- Name of the biller: PTC Darbhanga
- Biller ID: - 7921
- Biller description: Collection of Mess fees.

Fee structure for Inservice Training towards Mess Fee is as below:

<table>
<thead>
<tr>
<th>Sl.no.</th>
<th>Name of Training</th>
<th>Duration</th>
<th>Mess fee per day</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>ASDP for PA</td>
<td>2 weeks</td>
<td>Rs. 225/- per day</td>
</tr>
<tr>
<td>2.</td>
<td>SDP for PA</td>
<td>2 weeks</td>
<td>Rs. 225/- per day</td>
</tr>
<tr>
<td>3.</td>
<td>SSDP for PA</td>
<td>2 weeks</td>
<td>Rs. 225/- per day</td>
</tr>
</tbody>
</table>

Note: It is compulsory to bring the Mess fee receipt at the time of registration without fail. Therefore all trainees should be directed accordingly. These rates are subject to revision.

For any query mail us at dpct_darbharga@india.post.gov.in
Or
Call us STD Code 06272 Phone number 246191, 246194
Or
Visit www.ptcdarbharga.in

[Signature]
Dy. Director
Postal Training Centre
Darbhanga-846005